



A Week of Simple Faith

Finding God in Everyday Moments

A Week of Simple Faith is a 7-day devotional designed to help you slow down, notice God in the ordinary, and anchor your home and heart in Him.

Each day includes a scripture, reflection, journal prompt, and short prayer—simple enough to fit into busy days, yet deep enough to draw you closer to the Lord.

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Day 01: Slowing Down in the Ordinary

Scripture: “Be still, and know that I am God.” (Psalm 46:10)

Reflection: The world often pressures us to move faster, do more, and fill every quiet space with noise. But God whispers to us in stillness. When we pause in the middle of folding laundry or washing dishes, we’re reminded that He is present in the smallest of moments. The ordinary becomes sacred when we invite Him into it.

Prompt: Where can I slow down and make space for God today?

Prayer: “Lord, help me quiet my heart and notice You in the midst of my everyday rhythms.”

Day 02: Motherhood as Ministry

Scripture: “Whatever you do, work at it with all your heart, as working for the Lord” (Colossians 3:23)

Reflection: Motherhood doesn’t come with applause or recognition, and it was never meant to. The quiet work of wiping tears, reading one more bedtime story, and kneeling beside a little one in prayer is kingdom work. In the small, hidden moments, God is shaping hearts—including ours.

Prompt: How can I remind myself that my mothering matters to God?

Prayer: “Father, let me see motherhood not as a burden, but as holy work entrusted to me by You.”

Day 03: Gratitude in the Little Things

Scripture: “Give thanks in all circumstances” (1 Thessalonians 5:18)

Reflection: It is easy to give thanks for big blessings, but God also meets us in the small ones. A loaf of warm bread pulled from the oven. Laughter around the table. Even the muddy shoes at the door remind us that little feet were busy exploring the land we’ve been given.

Gratitude transforms the ordinary into worship.

Prompt: What three simple things can I thank God for right now?

Prayer: “Jesus, open my eyes to the blessings tucked into the ordinary moments of my day.”

Day 04: The Gift of Community & Family

Scripture: “Two are better than one, because they have a good return for their labor” (Ecclesiastes 4:9)

Reflection: Life was never meant to be lived alone. God designed us for community—for family, friendship, and togetherness. Whether it’s gathering around the supper table or leaning on a friend during hard times, community reminds us of God’s heart.

Prompt: Who can I encourage or reach out to today?

Prayer: “Lord, thank You for the gift of family and friendship. Help me be a blessing to those around me.”

Day 05: Strength for the Weary

Scripture: “Come to me, all you who are weary and burdened, and I will give you rest.” (Matthew 11:28)

Reflection: Some days feel heavier than others. The to-do lists grow long, the children need more patience than I feel I have, and the weight of it all threatens to overwhelm. Yet Jesus promises rest. He doesn’t ask us to carry it alone. When we bring our burdens to Him, He exchanges them for His peace.

Prompt: What burden do I need to lay at Jesus’ feet today?

Prayer: “Jesus, I am tired and I need Your rest. Carry what I cannot so I can rest in Your peace.”

Day 06: Building a Faithful Home

Scripture: “By wisdom a house is built, and through understanding it is established.” (Proverbs 24:3)

Reflection: A home is more than walls and furniture. It is the spirit within it that matters most. Wisdom, kindness, prayer, and grace are what truly establish a home. We may not always have perfectly folded laundry or spotless counters, but if Christ dwells here, then this house becomes a home that reflects Him.

Prompt: What one small habit can I cultivate to make my home a place of peace and faith?

Prayer: “Lord, let my home be filled with Your presence, where love and grace are evident in every corner.”

Day 07: Living with Hope

Scripture: “May the God of hope fill you with all joy and peace as you trust in Him” (Romans 15:13)

Reflection: Hope is what carries us into tomorrow. In a world full of uncertainty, God offers joy and peace when we trust Him with our future. We may not know what lies ahead, but we know Who goes before us. Hope is not fragile when it is rooted in Christ—it is steady, sure, and unshakable.

Prompt: Where do I need to choose hope and fully trust God?

Prayer: “God of hope, fill my heart with joy and peace as I walk forward in trust with You.”

Scripture Overview

“Be still, and know that I am God.” (Psalm 46:10)

“Whatever you do, work at it with all your heart, as working for the Lord” (Colossians 3:23)

“Give thanks in all circumstances” (1 Thessalonians 5:18)

“Two are better than one, because they have a good return for their labor” (Ecclesiastes 4:9)

“Come to me, all you who are weary and burdened, and I will give you rest.” (Matthew 11:28)

“By wisdom a house is built, and through understanding it is established.” (Proverbs 24:3)

“May the God of hope fill you with all joy and peace as you trust in Him” (Romans 15:13)



Thank you for spending this week walking with me through faith in the everyday. If this encouraged you, I'd love for you to join me at Simple Country Living, where we gather around faith, family, and the beauty of slow, intentional living.

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